

Elucidating the Effects of Tocotrienol-rich Vitamin E in a Prediabetes Population in Malaysia.



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WHAT IS IT?



Clinical Trial
MUHREC 26262

Monash University Malaysia is conducting a clinical trial on the prediabetes population and tocotrienol supplementation (vitamin E).



Aim

This study aims to determine the benefits of tocotrienol-rich Vitamin E in prediabetes and whether it will improve the function of insulin and the pancreas gland in your body.



Importance

This research is essential because, at this early stage, the progression of developing into diabetes can be delayed or prevented.

WHAT ARE WE DOING?

SCREEN POTENTIAL PARTICIPANTS FOR PREDIABETES



HEALTH TALK ON DIABETES PREVENTION



WHAT WILL WE MEASURE?

FINDRISC
Questionnaire

Blood Glucose Measurement

Blood Pressure and BMI Measurements



HOW TO JOIN THE STUDY?

Fulfil criteria

HbA1c
between
5.7%-6.4%

You will be
contacted by our
research team

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