

Surat indikasi dan justifikasi permintaan rawatan khusus penyakit Interstitial Lung Disease

Nama pesakit: Khalid bin Alias

Nombor kad pengenalan: 460305-05-5211

Umur: 74-year old

Jantina: Male

Nombor rujukan IPR: 2164/20

Alamat rumah: No 1, Jalan Padi 7, Bandar Baru Uda, 81200 Johor.

Nombor telefon: 016-7190560/019-7565833

Permohonan: New/Old

Rumusan kes:

Idiopathic pulmonary fibrosis

- HRCT: UIP (usual interstitial pneumonia) pattern
- No biopsy
- FVC: 59% (2.27L), DLco 23%
- 6-MWT: 280m, 80%
- Connective tissue screening negative
- Former smoker
- Not on oxygen therapy

Rawatan yang dipohon

Anti-fibrotic medication: Nintedanib 150mg BD

Tujuan pemberian ubat-ubatan:

1. Stabilize lung function
2. To improve quality of life
3. To slow down disease progression
4. To reduce symptoms
5. To delay the time of future exacerbation

Justifikasi permohonan untuk ubatan yang dinyatakan:

1. Idiopathic pulmonary fibrosis
2. The cost of Nintedanib and listed in KKM drug formulary

Senarai penyakit-penyakit yang lain: None

Senarai ubat lain yang diambil:

1. Syrup Morphine 1.3mg 4 hourly
2. Syrup Lactulose 15mls ON

Prepared by,

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